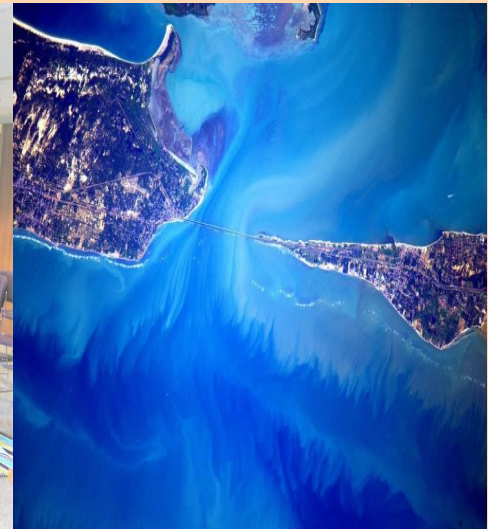


10th International Symposium of Ayurveda and Health

PAIN: FROM INCEPTION TO THERAPEUTIC

SEPTEMBER 25-26 2020

KELLER AUDITORIUM & ARB EG-013
UConn Health, School of Medicine
FARMINGTON, CT



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Course Director**

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UConn School of Medicine &
ISAH, CT, USA

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UConn School of Medicine,
Farmington, CT, USA

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Farmington, CT

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10th International Symposium of Ayurveda and Health

PAIN: FROM INCEPTION TO THERAPEUTIC **SEPTEMBER 25-26 2020**

Call for Abstracts

Abstract Deadline December 15, 2019

Instructions and guidelines

Topics/Subjects of Interest, Not Limited:

Pain: (mental or physical,) not limited to any particular field or type. Observation, diagnosis, treatment, management, alternative approaches and therapies; herbs, food and applied Sciences, Current developments (clinical and/or research papers), Emerging trends in Pain Therapy. Diseases of Interest: Cancer, GI, IBS, Acid Reflex, Joint pain (arthritis), Heart Disease, Pediatric variances and Psychosomatic diseases.

Abstract Format: Title of the Paper (Capitalized and BOLD, Arial font size 11). presenting author's Name (Last, M, First) followed by others in the same order, institution, city, country.

Use signs to identify author (s) and their affiliated institutions if authors are not from the same institution.

At the end of your abstract, please indicate three learning objectives of your presentation.

Include email address of the corresponding author.
Author (s) may submit more than one abstract.

Abstract should not exceed 350 words (excluding tables/diagrams), using Arial font size 10, and print ready.

Abstracts must be submitted in English. It is the submitting author's responsibility to submit the abstract in the correct order with no spelling or grammatical error. Authors must acknowledge any financial support received for the work (i.e., NIH, NCI, NIAID, Industry, Foundations, etc.) and must disclose potential conflict of interest, if any, as per CME guidelines.

Conflict of Interest: All presenters are required to disclose to the program audience any actual or apparent conflict of interest related to the content of their presentations as per CME guidelines.

Disclosure and Disclaimer

It is the responsibility of the submitting author and presenter if different:

- (1) To have approval of all authors to submit the named abstract**
- (2) Authors will transfer all copy right ownership of the submitted abstract to the ISAH/ELEMENTS for printing and reproduction.**

Abstracts that are not received in the proper format will not be considered by the Scientific Committee.

Email abstract (s) to Dr. Amala Guha, aguha1@att.net

Stefan Brocke, MD.

**Associate Professor of Immunology,
UConn Health, Farmington, CT**

Dr. Brocke received his M.D. degree at the Free University of Berlin, Germany. He trained at the Weizmann Institute of Science, Israel and received his Doctorate in Immunology at the Free University of Berlin School of Medicine. Dr. Brocke performed internships and residency in Medical Microbiology at the Free University of Berlin followed by a postdoctoral fellowship and research associate position at Stanford University Medical Center under Dr. Lawrence Steinman. After spending time as a visiting scientist at the National Institutes of Health in Bethesda, MD, Dr. Brocke was appointed lecturer and senior lecturer at the Department of Pathology of the Hebrew University-Hadassah Medical School in Jerusalem, Israel, before joining the faculty in the Departments of Pharmacology and Immunology at the University of Connecticut Health Center. At the University of Connecticut Health Center Dr. Brocke was the Director of the Pharmacology Graduate Program. His present research interests are focused on the molecular basis of cAMP signaling in immune cells, lymphocyte adhesion and migration I

Robert E Cone, PhD

**Professor Emeritus, Department of Immunology,
UConn Health., Farmington, CT**

Dr. Cone received his PhD in Microbiology from the University of Michigan, Ann Arbor, Michigan. He then trained at the Walter and Eliza Hall Institute for Immunology, Melbourne Australia where he studied with Professor GJV Nossal and Dr. John Marchalonis. At the Hall Institute he participated in the development of enzyme-catalyzed radiolabeling of the cell membranes of living cells, and the characterization of lymphocyte membrane proteins. He then trained at the Basel Institute for Immunology in Base, Switzerland. Dr. Cone was a faculty member in the Departments of Surgery and Pathology at Yale University. At Yale University he was the Director of the Histocompatibility Testing and Membrane Marker laboratory before joining the faculty in the Department of Pathology and then Immunology at the University of Connecticut Health Center. At the University of Connecticut Health Center Dr. Cone was the Director of the Immunology Graduate Program. Dr. Cone is one of the Commissioners of the State of Connecticut Commission on Medico-Legal Investigation and is a recipient of the State of Connecticut Public Service Award. His present research interests are focused on the cellular basis of ocular immune regulation.

Mary E. Dansinghani, M.Div

**Chaplain/Coordinator of Spiritual Services,
Connecticut Mental Health Center Department of Psychiatry,
Yale University School of Medicine, New Haven, CT**

Mary Dansinghani is a graduate of Yale Divinity School. She received her MA from Indiana University and BA, MAT - from the University of New Hampshire. She finished her Clinical Pastoral Educational Residency at Yale New Haven Hospital and received her Ayurvedic Mental & Spiritual Health Certificate from the National Institute of Ayurveda, Jaipur, India in collaboration with the International Society for Ayurveda & Health (ISAH) in 2008. She is committed to Ayurvedic practice of holistic approach to spirituality and healing as promoted through ISAH. Her interest is to develop Mandalas, Ayurvedic Guided Imagery, to promote relaxation to mental illness to promote relaxation and balancing the energies. She is a board member - Interfaith Volunteers Care Givers of Greater New Haven (IVCG), Hamden, and Professional Consultation Committee (PCC) for Department of Religious Ministry, Yale New Haven Hospital and member of the International Society for Ayurveda and Health

Shiwani Ghildiyal, MD, PhD

**Assistant Professor Department of Dravya Guna (Pharmacology)
All India Institute of Ayurveda, New Delhi, India**

Dr. Ghildiyal received her MD and PhD from Department of Dravyaguna, Institute of Medical Sciences, Banaras Hindu University, Varanasi, India and diploma in Yoga from BHU. She specializes in Pharmacognostic studies of classical Ayurvedic drugs, qualitative and quantitative estimation of Phytocostituents. Her research interests include Natural products, molecular pharmacology and drug development (Pre-clinical & Clinical study)

Amala Guha, MS, PhD, MPH

**Department of Immunology
Complementary Alternative Supportive Care (CASC)
UConn School of Medicine, Farmington, CT**

Dr. Amala Guha is the Founding Director of Complementary & Alternative Supportive Care "CASC", University of Connecticut School of Medicine, CT. She is the founding president of the International Society for Ayurveda and Health (ISAH) and the editor-in-chief of the journal ELEMENTS. Dr. Guha received her Doctoral Degree in Immunology from University of Allahabad, India in collaboration with the University of Connecticut School of Medicine followed by the fellowship in Hematology/Oncology, supported by the prestigious NIH training Grant. She received her graduate degree in Public Health from Connecticut School of Medicine and her training in Ayurveda from Ayurvedic Medical school, Bombay and from University of Puna, India. Dr. Guha's advance training in bone marrow transplant, cancer Immunology, public health and Ayurvedic Medicine brings a unique blend of expertise in the field of integrative medicine. Dr. Guha had served on the review board of Complementary Alternative Medicine at the NCCAM/NIH. She is a fellow of The Leukemia Society of America.



**Brahma Kamal
(Saussurea
Obvallata):**

Valley of flowers
at, 3,000-4,600 m
Mountains of
Himalayas

Upendra P. Hegde, MD

**Associate Professor, Department of Medicine
Chief Medical Oncologist, Melanoma and Cutaneous Oncology;
and Head and Neck Cancer and Oral Oncology
UConn School of Medicine, Farmington, CT**

Dr. Hegde received his medical degree from the Goa Medical College in Goa, India. He completed post graduate training in internal medicine at Goa Medical College (Bombay University) and did his clinical fellowship training in medical oncology at Tata Memorial Hospital in Bombay. He worked closely with basic researchers and studied the clinical relevance of multi-drug resistance in acute myelogenous leukemia. In 1992, he received a research scholarship from Rush Presbyterian St. Luke's Medical Center in Chicago, Illinois, to study leukemia at the cellular and molecular biologic levels, which he completed in 1995 under the mentorship of Harvey D. Presser, M.D. Dr. Hegde completed his residency in internal medicine at the Cook County Hospital in Chicago, Illinois, and received his fellowship training in hematology and oncology in the medicine branch of the National Cancer Institute at the National Institutes of Health (NIH) in Bethesda, Maryland.

Vatsala Kucharski, Psy.D

**Department. of Mental Health & Addiction Services,
Middletown, CT and ISAH Dr.**

Kucharski has received her BA from Trinity College, Hartford, CT and her doctoral degree in clinical psychology from University of Hartford, CT. She serves on the board of The International Society for Ayurveda & Health. Dr. Kucharski's interest involves Ayurvedic interventions and herbal rasayanas and mental health.

Abhimanyu Kumar, MD, PhD, MS

**Vice Chancellor, Dr SRR Ayurved University
Jodhpur, Rajasthan, India**

Dr. Kumar, in addition to his administrative responsibilities, oversees both clinical and research side of the institution. Dr. Kumar specializes in Ayurvedic Pediatric and Psychology. He is a former Vice chancellor of Uttarakhand Ayurvedic Medical School and Head Department of Bal Roga (pediatrics), National Institute of Ayurveda. Dr. Kumar has served as Director General of Central Council for Research in Ayurvedic Sciences, New Delhi, Ministry of AYUSH, Govt. of India. He was nominated by Dept. of AYUSH, Govt. of India, as National Coordinator for Clinical Documentation in National Institutes under Dept. of AYUSH. and was a Member, Steering Committee constituted by the Planning Commission 11th five Year Plan & 12th FYP, Dept. of AYUSH, Ministry of Health & Family welfare, Govt. of India. He was a visiting Professor, Dept. of Neurology, Scott & White Hospital, School of Medicine, A & M University Texas USA. Dr. Kumar was an Invited Speaker, Embassy of India, Berlin (Germany), Hungary, China, and Brazil. He serves as an Academic expert for developing Curriculum for Post Graduate course in Ayurveda, University of Debrecen, Hungary. And was deputed by the government of India to present papers at the International Symposium of Ayurveda and Health in 2009 and 2011. His research interest includes immunological aspects of Ayurvedic Medicine. He has authored five books and published 145 research papers in various scientific national and international journals. He serves as on the review board of ELEMENTS, the official journal of ISAH.

Dr. Gopesh Mangal, MD, PhD (Panchkarma), PGDHHM, DNHE

**Associate Professor and Head of P.G. Dept. of Panchakarma
National Institute of Ayurveda, Jaipur,
The Apex Institute of Ayurveda under the Ministry of AYUSH,
New Delhi, India.**

Dr. Mangal was deputed by Ministry of AYUSH, Government of India to T&CM division, Government of Malaysia as Ayurveda expert to serve Malaysian people and to propagate Ayurveda in Malaysia. He is the recipient of notable awards of Ayur Ratna from Malaysia, Bhamasha Award, Jivaka award and Ayur Medha Award. With 11-years of academic, clinical and research experience, Dr Mangal has authored ten books on Ayurveda, Panchkarma and Yoga published from Malaysia, Germany and India. Dr. Mangal is involved in teaching and training of international scholars

Lakshmi S. Nair, PhD, MPhil

**Associate Professor, Department of Orthopedic Surgery
Associate Director, Connecticut Convergence Institute
UConn Health, Farmington, and**

Department of Material Science & Engineering and Biomedical Engineering, UConn, Storrs, CT

A significant part of Dr. Nair's research is committed to developing injectable and biomimetic biomaterials and identifying bioactive molecules that could accelerate tissue regeneration. She has more than 80 peer review publications and edited several books in the area of Biomaterials and Orthopedic regenerative engineering. She also serves as the Managing editor of a new journal "Regenerative Engineering and Translational Medicine" and on the review board of ELEMENTS, The official J of The International Society of Ayurveda and Health

Kalyani Raghavan, MD

**Assistant Professor of Pediatrics, UConn Health
Assistant Medical director of Sedation Services
Connecticut Children's Medical Center, CT**

Dr. Raghavan has received her M.B.B.S., Maharaja Sayajirao University & Government Medical College, and MD, from. Maharaja Sayajirao University & Government Medical College, India. She completed a pediatric residency at The Hospital of Michigan and served as Medical Director of Sedation Service for the Division of Pediatric Emergency Medicine. As an Assistant Medical Director of Sedation Services, Dr. Raghavan's primary focus is on procedural sedation and pain management. Her special areas of interest include integrative medicine with a focus on Yoga therapy.

Anthony Vella, PhD

**Professor and Chair Department of Immunology,
Senior Associate Dean for Research Planning and Coordination
School of Medicine UConn Health, Farmington, CT**

Dr. Vella received his PhD from Cornell University, Ithaca NY in 1993 and thereafter pursued postdoctoral studies at The National Jewish Center for Immunology Respiratory Medicine, Denver Colorado. The main goal of his research program is to develop carefully controlled methods to stimulate or inhibit T cells to foster beneficial responses in cancer and inflammatory-based diseases. While much of his research has relied on immuno-biological approaches, a recent application has been the use of a liquid-based proteomic strategy to discover molecular mechanisms of cell function and to uncover inflammatory-based biomarkers. Collectively, Dr. Vella's research program has incorporated a number of productive collaborations involving both academia and industry, and is currently funded by the NIH.

Dr. Joseph Walker Jr., MD

**Assistant Professor, Department of Orthopedic Surgery
UConn Musculoskeletal Institute
University of Connecticut School of Medicine
263 Farmington Avenue , Farmington, CT**

Dr. Walker has completed his residency in Physical Medicine and Rehabilitation as well as a fellowship in Pain Medicine. He is board certified in the sub-specialty of Pain Medicine, specialty training in medical acupuncture, and treats patients with a wide range of painful conditions. His main area of expertise is non-operative treatment of spinal conditions including, lower back and neck pain. He has special clinical interest in the use of fluoroscopy and other image guided treatment of lower back injuries. He has conducted clinical research during his one year long pain fellowship program culminating in an original research publication and numerous book chapters on specific pain diagnoses and treatment techniques. He has memberships in a number of pain/rehabilitation medicine societies. His research interests focus on the prevention of back via exercise and lifestyle changes as well as the use of local anesthetics for diagnostic and treatment purposes in painful conditions, and he has spoken locally on these issues. He currently sees patients at the University Of Connecticut Medical Center



Symposium Venue

**UConn Health, School of Medicine
Farmington, CT**