10th International Symposium of Ayurveda and Health

PAIN: FROM INCEPTION TO THERAPEUTIC

September 25-26 2020
Keller Auditorium & ARB EG-013
UConn Health, School of Medicine
Farmington, CT

Call for Abstracts

For Information Pl Contact- aguha1@att.net

Sponsored by the Department of Immunology

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10th International Symposium of Ayurveda and Health

PAIN: FROM INCEPTION TO THERAPEUTIC
SEPTEMBER 25-26 2020

Call for Abstracts
Abstract Deadline December 15, 2019

Instructions and guidelines

Topics/Subjects of Interest, Not Limited:
Pain: (mental or physical,) not limited to any particular field or type. Observation, diagnosis, treatment, management, alternative approaches and therapies; herbs, food and applied Sciences, Current developments (clinical and/or research papers), Emerging trends in Pain Therapy. Diseases of Interest: Cancer, GI, IBS, Acid Reflex, Joint pain (arthritis), Heart Disease, Pediatric variances and Psychosomatic diseases.

Abstract Format: Title of the Paper (Capitalized and BOLD, Arial font size 11). presenting author’s Name (Last, M, First) followed by others in the same order, institution, city, country.

Use signs to identify author (s) and their affiliated institutions if authors are not from the same institution.

At the end of your abstract, please indicate three learning objectives of your presentation.

Include email address of the corresponding author.
Author (s) may submit more than one abstract.

Abstract should not exceed 350 words (excluding tables/diagrams), using Arial font size 10, and print ready.

Abstracts must be submitted in English. It is the submitting author’s responsibility to submit the abstract in the correct order with no spelling or grammatical error. Authors must acknowledge any financial support received for the work (i.e., NIH, NCI, NIAID, Industry, Foundations, etc.) and must disclose potential conflict of interest, if any, as per CME guidelines.

Conflict of Interest: All presenters are required to disclose to the program audience any actual or apparent conflict of interest related to the content of their presentations as per CME guidelines.

Disclosure and Disclaimer
It is the responsibility of the submitting author and presenter if different:
(1) To have approval of all authors to submit the named abstract
(2) Authors will transfer all copy right ownership of the submitted abstract to the ISAH/ELEMENTS for printing and reproduction.

Abstracts that are not received in the proper format will not be considered by the Scientific Committee.

Email abstract(s) to Dr. Amala Guha, aguha1@att.net
**Stefan Brocke, MD.**  
Associate Professor of Immunology,  
UConn Health, Farmington, CT

Dr. Brocke received his M.D. degree at the Free University of Berlin, Germany. He trained at the Weizmann Institute of Science, Israel and received his Doctorate in Immunology at the Free University of Berlin School of Medicine. Dr. Brocke performed internships and residency in Medical Microbiology at the Free University of Berlin followed by a postdoctoral fellowship and research associate position at Stanford University Medical Center under Dr. Lawrence Steinman. After spending time as a visiting scientist at the National Institutes of Health in Bethesda, MD, Dr. Brocke was appointed lecturer and senior lecturer at the Department of Pathology of the Hebrew University-Hadassah Medical School in Jerusalem, Israel, before joining the faculty in the Departments of Pharmacology and Immunology at the University of Connecticut Health Center. At the University of Connecticut Health Center Dr. Brocke was the Director of the Pharmacology Graduate Program. His present research interests are focused on the molecular basis of cAMP signaling in immune cells, lymphocyte adhesion and migration.

**Robert E Cone, PhD**  
Professor Emeritus, Department of Immunology,  
UConn Health., Farmington, CT

Dr. Cone received his PhD in Microbiology from the University of Michigan, Ann Arbor, Michigan. He then trained at the Walter and Eliza Hall Institute for Immunology, Melbourne Australia where he studied with Professor GJV Nossal and Dr. John Marchalonis. At the Hall Institute he participated in the development of enzyme-catalyzed radiolabeling of the cell membranes of living cells, and the characterization of lymphocyte membrane proteins. He then trained at the Basel Institute for Immunology in Base, Switzerland. Dr. Cone was a faculty member in the Departments of Surgery and Pathology at Yale University. At Yale University he was the Director of the Histocompatibility Testing and Membrane Marker laboratory before joining the faculty in the Department of Pathology and then Immunology at the University of Connecticut Health Center. At the University of Connecticut Health Center Dr. Cone was the Director of the Immunology Graduate Program. Dr. Cone is one of the Commissioners of the State of Connecticut Commission on Medico-Legal Investigation and is a recipient of the State of Connecticut Public Service Award. His present research interests are focused on the cellular basis of ocular immune regulation.

**Mary E. Dansinghani, M.Div**  
Chaplain/Coordinator of Spiritual Services,  
Connecticut Mental Health Center Department of Psychiatry,  
Yale University School of Medicine, New Haven, CT

Mary Dansinghani is a graduate of Yale Divinity School. She received her MA from Indiana University and BA, MAT - from the University of New Hampshire. She finished her Clinical Pastoral Educational Residency at Yale New Haven Hospital and received her Ayurvedic Mental & Spiritual Health Certificate from the National Institute of Ayurveda, Jaipur, India in collaboration with the International Society for Ayurveda & Health (ISAH) in 2008. She is committed to Ayurvedic practice of holistic approach to spirituality and healing as promoted through ISAH. Her interest is to develop Mandalas, Ayurvedic Guided Imagery, to promote relaxation to mental illness to promote relaxation and balancing the energies. She is a board member - Interfaith Volunteers Care Givers of Greater New Haven (IVCG), Hamden, and Professional Consultation Committee (PCC) for Department of Religious Ministry, Yale New Haven Hospital and member of the International Society for Ayurveda and Health.

**Shiwani Ghildiyal, MD, PhD**  
Assistant Professor Department of Dravya Guna (Pharmacology)  
All India Institute of Ayurveda, New Delhi, India

Dr. Ghildiyal received her MD and PhD from Department of Dravyaguna, Institute of Medical Sciences, Banaras Hindu University, Varanasi, India and diploma in Yoga from BHU. She specializes in Pharmacognostic studies of classical Ayurvedic drugs, qualitative and quantitative estimation of Phytocostituents. Her research interests include Natural products, molecular pharmacology and drug development (Pre-clinical & Clinical study).

**Amala Guha, MS, PhD, MPH**  
Department of Immunology  
Complementary Alternative Supportive Care (CASC)  
UConn School of Medicine, Farmington, CT

Dr. Amala Guha is the Founding Director of Complementary & Alternative Supportive Care “CASC”, University of Connecticut School of Medicine, CT. She is the founding president of the International Society for Ayurveda and Health (ISAH) and the editor-in-chief of the journal ELEMENTS. Dr. Guha received her Doctoral Degree in Immunology from University of Allahabad, India in collaboration with the University of Connecticut School of Medicine followed by the fellowship in Hematology/Oncology, supported by the prestigious NIH training Grant. She received her graduate degree in Public Health from Connecticut School of Medicine and her training in Ayurveda from Ayurvedic Medical school, Bombay and from University of Puna, India. Dr. Guha's advance training in bone marrow transplant, cancer Immunology, public health and Ayurvedic Medicine brings a unique blend of expertise in the field of integrative medicine. Dr. Guha had served on the review board of Complementary Alternative Medicine at the NCCAM/NIH. She is a fellow of The Leukemia Society of America.

**Brahma Kamal (Saussurea Obvallata):**

Valley of flowers at, 3,000-4,600 m 
Mountains of Himalayas
Anthony Vella, PhD  
Professor and Chair Department of Immunology,  
Senior Associate Dean for Research Planning and Coordination  
School of Medicine UConn Health, Farmington, CT

Dr. Vella received his PhD from Cornell University, Ithaca NY in 1993 and thereafter pursued postdoctoral studies at The National Jewish Center for Immunology Respiratory Medicine, Denver Colorado. The main goal of his research program is to develop carefully controlled methods to stimulate or inhibit T cells to foster beneficial responses in cancer and inflammatory-based diseases. While much of his research has relied on immuno-biological approaches, a recent application has been the use of a liquid-based proteomic strategy to discover molecular mechanisms of cell function and to uncover inflammatory-based biomarkers. Collectively, Dr. Vella's research program has incorporated a number of productive collaborations involving both academia and industry, and is currently funded by the NIH.

Dr. Joseph Walker Jr., MD  
Assistant Professor, Department of Orthopedic Surgery  
UConn Musculoskeletal Institute  
University of Connecticut School of Medicine  
263 Farmington Avenue, Farmington, CT

Dr. Walker has completed his residency in Physical Medicine and Rehabilitation as well as a fellowship in Pain Medicine. He is board certified in the sub-specialty of Pain Medicine, specialty training in medical acupuncture, and treats patients with a wide range of painful conditions. His main area of expertise is non-operative treatment of spinal conditions including, lower back and neck pain. He has special clinical interest in the use of fluoroscopy and other image guided treatment of lower back injuries. He has conducted clinical research during his one year long pain fellowship program culminating in an original research publication and numerous book chapters on specific pain diagnoses and treatment techniques. He has memberships in a number of pain/rehabilitation medicine societies. His research interests focus on the prevention of back via exercise and lifestyle changes as well as the use of local anesthetics for diagnostic and treatment purposes in painful conditions, and he has spoken locally on these issues. He currently sees patients at the University Of Connecticut Medical Center.

Symposium Venue

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